

Cabled mittens

By Kera Weiserbs



Materials

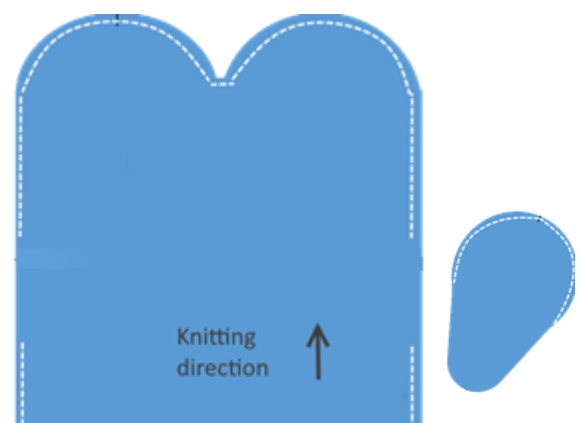
Yarn: 1 Ball (Adult size) • Cascade 220 • Color Lichen •
Weight 220 yards/3.5 oz

Equipment: 18" Knitting Board™ Loom • (2) ½ cm Washers
• Yarn needle • 4 mm Crochet hook

Yarn preparation: Cut off 4 meters of yarn.

Gauge: 15 stitches and 22 rows = 10 cm

Overview: The hand and thumb are knit separately and
seamed together.



Knitting instructions: (●)(D).

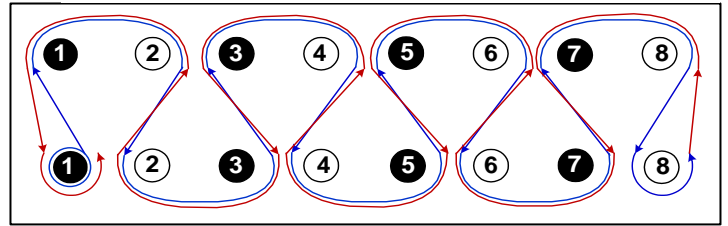
Cast on

- 1) Cast on to pegs 2-30 using the figure 8 stitch and add an anchor.

Wrist section

- 1) Knit twelve rows of raised rib stitch on pegs 2-30 (See Figure 1).

Figure 1: Looping diagram for the raised rib stitch.

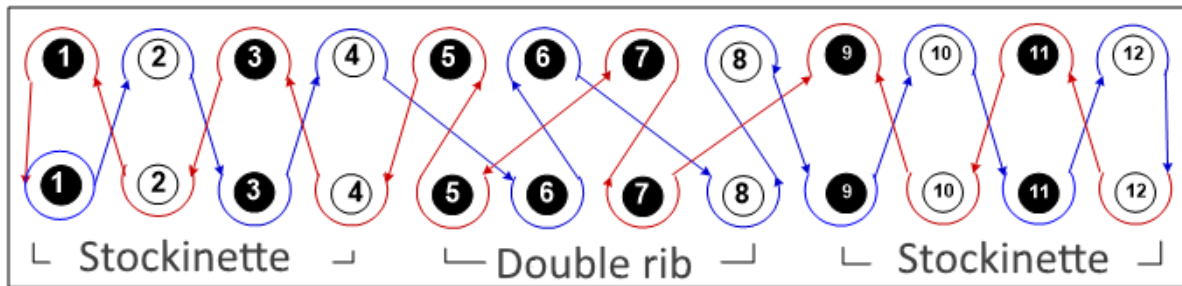


Hand section

Overview

The hand section is knit using stockinette and the double rib stitches (See Figure 2). The cables are knit with the double rib stitch and the rest of the mitten uses stockinette. For the right hand, knit the cables on the front rake. For the left hand, knit the cables on the back rake.

Figure 2: Sample looping diagram for a stockinette double rib stitch variation.



- 1) Rows 13-15 (See Figure 3): Add stockinette stitches on pegs 2-22, double rib stitches on pegs 23-26, and stockinette stitches on pegs 27-31.
 - a) Row 13
 - (1) Add one stitch to each side.
 - (2) Add an x-cross on pegs 23-26.
 - (3) Add one stitch to both sides.
- 2) Rows 16-18: Add stockinette stitches on pegs 1-20, double rib stitches on pegs 21-28, and stockinette stitches on pegs 29-32.
 - a) Row 16
 - (1) Add a double left cross on pegs 21-24.
 - (2) Add a double right cross on pegs 25-38.
- 3) Rows 19-26: Add stockinette stitches on pegs 1-18, double rib stitches on pegs 19-30, and stockinette stitches on pegs 31-32.
 - a) Rows 19
 - (1) Add a double left cross on pegs 19-22.
 - (2) Add a double right cross on pegs 27-30.
 - b) Rows 20
 - (1) Add an x-cross on pegs 23-26.

- c) Row 26
 - (1) Add a double right cross on pegs 19-22.
 - (2) Add a double left cross on pegs 27-30.

- 4) Row 27-37: Add stockinette stitches on pegs 1-20, double rib stitches on pegs 21-28, and stockinette stitches on pegs 29-32.
 - a) Row 29
 - (1) Add a double right cross on pegs 21-24.
 - (2) Add a double left cross on pegs 25-28.
 - b) Row 32
 - (1) Add an x-cross on pegs 23-26.
 - c) Row 35:
 - (1) Add double left cross on pegs 21-24.
 - (2) Add a double right cross on pegs 25-38.

- 5) Rows 38-46: Add stockinette stitches on pegs 1-18, double rib stitches on pegs 19-30, and stockinette stitches on pegs 31-32.
 - a) Row 38
 - (1) Add a double left cross on pegs 19-22.
 - (2) Add a double right cross on pegs 27-30.
 - b) Row 39, 45
 - (1) Add an x-cross on pegs 23-26.
 - c) Row 46
 - (1) Add a double right cross on pegs 19-22.
 - (2) Add a double left cross on pegs 27-30.

- 6) Rows 50-52: Add stockinette stitches on pegs 1-20, double rib stitches on pegs 21-28, and stockinette stitches on pegs 29-32.
 - a) Row 52
 - (1) Add double right cross on pegs 21-24.
 - (2) Add a double left cross on pegs 25-38.
 - (3) Diagonally cross the loops on pegs 16 and 17 between the front and back rakes.
 - (4) Remove stitch numbers 1, 16, 17, 32

- 7) Rows 53: Add stockinette stitches on pegs 2-15, 18-22, double rib stitches on pegs 23-26, and stockinette stitches on pegs 27-31.
 - (1) Round the top of the mitten.
 - (i) Option 1: Attach the 4-meter yarn strand to peg 1, row 53 and knit the top portion of each mitten (rows 53-57) with its own yarn strand.
 - (ii) Option 2: Instead of attaching a second yarn strand, remove the empty pegs in the middle of the glove by moving the outer loops towards the center. Repeat until the loops are adjacent.
 - (2) Remove stitch numbers 2, 15, 18, 31

- 8) Row 54: Add stockinette stitches on pegs 2-14, 19-22, double rib stitches on pegs 23-26, and stockinette stitches on pegs 27-30.
 - (1) Remove stitch numbers 3, 14, 19, 30.

9) Row 55: Add stockinette stitches on pegs 4-13, 20-22, double rib stitches on pegs 23-26, and stockinette stitches on pegs 27-29.

(1) Add an x-cross on pegs 23-26.

10) Row 56-77: Add stockinette stitches on pegs 4-13 and 20-29

Thumb section

- 1) Cast onto peg 9, add a row of twisted knit stitches, and an anchor.
- 2) Knit twenty-four rows of stockinette following the knitting chart in **Error! Reference source not found.**
- 3) Add a narrow crochet bind off.

Finishing instructions:

- 1) Seam top portion of the thumb.
- 2) Seam the wrist portion of the mitten.
- 3) Seam the thumb to the mitten.
- 4) Seam the rest of the mitten and hide the yarn end.

Figure 3: Thumb

					•	•	•	•	•	•						23
				•	•	•	•	•	•	•	•					22
			•	•	•	•	•	•	•	•	•	•				21
			•	•	•	•	•	•	•	•	•	•				20
		•	•	•	•	•	•	•	•	•	•	•	•			19
		•	•	•	•	•	•	•	•	•	•	•	•			18
		•	•	•	•	•	•	•	•	•	•	•	•			17
	•	•	•	•	•	•	•	•	•	•	•	•	•	•		16
	•	•	•	•	•	•	•	•	•	•	•	•	•	•		15
	•	•	•	•	•	•	•	•	•	•	•	•	•	•		14
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	13
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	12
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	11
	•	•	•	•	•	•	•	•	•	•	•	•	•	•		10
	•	•	•	•	•	•	•	•	•	•	•	•	•	•		9
		•	•	•	•	•	•	•	•	•	•	•	•			8
			•	•	•	•	•	•	•	•	•	•	•			7
				•	•	•	•	•	•	•	•	•	•			6
					•	•	•	•	•	•	•	•	•			5
						•	•	•	•	•	•	•	•			4
							•	•	•	•	•	•	•			3
								•	•	•	•	•	•			2
									•	•	•	•	•			1
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	

Figure 4: Seaming schematic.

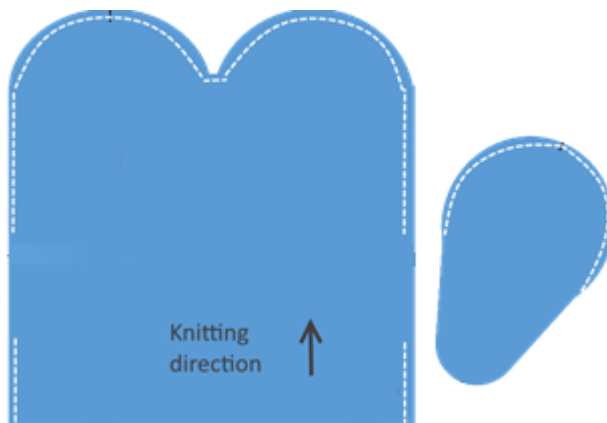


Figure 5: Mitten body

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32							
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Figure 6: Cable detail

17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	
			•	•	•	•	•	•	•	•	•	•				58
			•	•	•	•	•	•	•	•	•	•				57
						$3 \rightarrow 26$	$1 \rightarrow 2$	$23 \leftarrow 4$								55 F
			•	•	•	D	D	D	D	•	•	•				55
		•	•	•	•	D	D	D	D	•	•	•	•			54
	•	•	•	•	•	D	D	D	D	•	•	•	•	•		53
			$1 \rightarrow 23$	$2 \rightarrow 24$	$21 \leftarrow 3$	$22 \leftarrow 4$	$4 \rightarrow 27$	$3 \rightarrow 28$	$25 \leftarrow 2$	$26 \leftarrow 1$						52 F
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	52
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	51
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	50
		$1 \rightarrow 21$	$2 \rightarrow 22$	$19 \leftarrow 3$	$20 \leftarrow 4$					$4 \rightarrow 29$	$3 \rightarrow 30$	$27 \leftarrow 2$	$28 \leftarrow 1$			46 F
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	46
						$3 \rightarrow 26$	$1 \rightarrow 2$	$23 \leftarrow 4$								45 F
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	45
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	44
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	43
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	42
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	41
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	40
						$3 \rightarrow 26$	$1 \rightarrow 2$	$23 \leftarrow 4$								39 F
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	39
		$4 \rightarrow 21$	$3 \rightarrow 22$	$19 \leftarrow 2$	$20 \leftarrow 1$					$1 \rightarrow 29$	$2 \rightarrow 30$	$27 \leftarrow 3$	$28 \leftarrow 4$			38 F
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	38
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	37
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	36
			$4 \rightarrow 23$	$3 \rightarrow 24$	$21 \leftarrow 2$	$22 \leftarrow 1$	$1 \rightarrow 27$	$2 \rightarrow 28$	$25 \leftarrow 3$	$26 \leftarrow 4$						35 F
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	35
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	34
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	33
						$3 \rightarrow 27$	$1 \rightarrow 2$	$24 \leftarrow 4$								32 F
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	32
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	31
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	30
			$1 \rightarrow 23$	$2 \rightarrow 24$	$21 \leftarrow 3$	$22 \leftarrow 4$	$4 \rightarrow 27$	$3 \rightarrow 28$	$25 \leftarrow 2$	$26 \leftarrow 1$						29 F
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	29
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	28
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	27
		$1 \rightarrow 21$	$2 \rightarrow 22$	$19 \leftarrow 3$	$20 \leftarrow 4$					$4 \rightarrow 29$	$3 \rightarrow 30$	$27 \leftarrow 2$	$28 \leftarrow 1$			26 F
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	26
						$3 \rightarrow 26$	$1 \rightarrow 2$	$23 \leftarrow 4$								25 F
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	25
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	24
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	23
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	22
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	21
						$3 \rightarrow 26$	$1 \rightarrow 2$	$23 \leftarrow 4$								
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	20
		$4 \rightarrow 21$	$3 \rightarrow 22$	$19 \leftarrow 2$	$20 \leftarrow 1$					$1 \rightarrow 29$	$2 \rightarrow 30$	$27 \leftarrow 3$	$28 \leftarrow 4$			19 F
•	•	D	D	D	D	D	D	D	D	D	D	D	D	•	•	19
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	18
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	17
			$4 \rightarrow 23$	$3 \rightarrow 24$	$21 \leftarrow 2$	$22 \leftarrow 1$	$1 \rightarrow 27$	$2 \rightarrow 28$	$25 \leftarrow 3$	$26 \leftarrow 4$						16 F
•	•	•	•	D	D	D	D	D	D	D	D	•	•	•	•	16
•	•	•	•	•	•	D	D	D	D	•	•	•	•	•	•	15
•	•	•	•	•	•	D	D	D	D	•	•	•	•	•	•	14
						$3 \rightarrow 26$	$1 \rightarrow 2$	$23 \leftarrow 4$								13 F
•	•	•	•	•	•	D	D	D	D	•	•	•	•	•	•	13
17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	

Right and left arrows (\rightarrow , \leftarrow) indicate loop transfers on the same rake. Up arrows (\nearrow , \nearrow , \uparrow) indicate loop transfers that create elongated slip stitches by moving a loop from the FR to the BR; similarly, down arrows (\searrow , \searrow , \downarrow) indicate loop transfers that create elongated slip stitches by moving a loop from the BR to the FR. The superscript at the tail of the arrow indicates which loop is crossed first, second, third, etc., and the number after the arrow's point indicates the loop's new location. Figure 7 explains the notation; for example, the $^1\rightarrow 6$ above peg 4 indicates that the loop on the fourth peg is moved first and should be placed on the sixth peg.

Figure 7: Notation for a right cross.

